Remimeo
Review Hats

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Qual Division

RELEASE, REHABILITATION OF
FORMER RELEASES AND
THETAN EXTERIORS

There are probably a great many processes that will recover the state of First Stage Release or First Stage Thetan Exterior or Released O.T.

Poorest but easiest of these is plain Itsa. Itsa probably will not recover a floating needlw but will pull down the TA. When it's down, stop - don't press your luck too far.

The real technical job (other than Itsa) requires expert metering and a thorough knowledge of dating on a meter and a smooth comm cycle.

Best at it would be an auditor who himself was a Former Release and who had himself (or herself) recovered the state.

The technically correct procedure is umfortunately a delicate one which requires good command of tech on the subject of the Time Track and perception of the pc and meter alert enough to stop exactly when Re-Release occurs and say "That's It!" Never say "End" in such sessions.)

Remember all recovery must be by Key-out, not erasure. Key-outs are done by finding Key-ins. It is de-stimulation, not re-stimulation. Therefore all must be smooth and jolly with no forcing or overrun.

The exact tech follows:

To regain a former Release (or Thetan Exterior or Keyed-Out O.T. (Released OT):

    (1) Loosely locate the session or time in which it occurred.

    (2) Get in Suppress, Invalidate buttons on the session or time.

    (3) Get in "Unacknowledged" or "what was unacknowledged."

    (4) Indicate anything found to the pc, as By Passed Charge.

    (5) Find the Key-in that was Keyed-out in that time or session (the person went release because something keyed out in that time or session).

    (6) When this is found and recognized by the pc, the pc will then return to Release or Released O.T.

    (7) If this does not happen, find what keyed-in that ended the state and repeat (1) to (6) on it.

This is all rough to communicate to the pc who is not well trained.

This datum will help (a standard datum of early Dianetics): The analytical mind when it becomes aware of a point in the Reactive Mind, makes it vanish. In other words one needs but become aware of the actual cause of an aberration to have it vanish.

We see this mainly in Cognitions. But it is the backbone of all auditing.

When the person was originally released he had become aware of something that caused the reactive mind to de-stimulate at that point or become weak. And so he Released. You have to find that point of sudden awareness again as in (1) to (6) above and if you miss it you can at least find (7). You could find both and in a lot of cases will probably do so. But if you win on (1) to (6), for heaven's sakes don't go on to (7). If you do (7) you may suddenly turn up with (5).

When you've done it realize you've done it and come off of it. Don't overrun.

When you have done it, tell the person to get trained so he or she can go on to actual Clear.

LIABILITY

The Liability in all this is finding the original thing that was keyed-in (which when keyed-out gave Release).

If this happens you have a new key-in in the session you are running right now. It is a new key in and is handled as one.

TECH COMMENT

This tells us that finding and running out key-ins will make a first stage Release out of someone who has never been one. Standard Grade Processing does this.

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